

School Camp to Lendrick Muir



Our pupils recently enjoyed their first ever residential school trip to Lendrick Muir outdoor activity centre! This was a huge learning experience for our pupils, especially as many have never had the opportunity to go on a residential trip before. Set in 120 acres of beautiful woodland and open ground, Lendrick Muir offers an exciting range of outdoor activities and experiences.

There was archery, canoeing, nature trails, biking and crazy golf, as well as more adventurous activities including bouldering, the leap of faith (which involved climbing up a huge ladder and jumping off the top) and raft building. The King Swing was a favourite among the group – a giant swing that two people go on while the rest of the group pulls them up really high before they are released and swing forward! There was also plenty of fun in the evenings with inflatables and discos, and a campfire on the final night before we headed home.

This time away from home offered pupils the opportunity to develop their confidence, independence and team working skills. There was a great sense of adventure as everyone explored the new environment and tried new activities. We are so proud of our pupils for how well they coped with this experience. It was wonderful to see everyone enjoying themselves and being so engaged in the activities. We would also like to say a massive thank you to all the staff that enabled this amazing experience to take place and to everyone who sponsored our Ben Nevis walk to raise money for the trip – it wouldn't have been possible without all your support.

Dates for your Diary

- 5 July – Sport's Day
- 7 July – Summer term ends
- 16 August – Autumn term begins
- 6 October – Autumn term ends

You can download the full list of term dates from our website:
www.newstruan.school.org

A Message from Nicola, Parent Ambassador



Hi, I am Nicola Munro, mum to Alfie who has attended New Struan School as a day pupil for two years. I have undertaken the role as one of the Parent Ambassadors along with Janice for the school. I decided to do this as I feel that the school plays such an important part in our families' lives. Before Alfie started New Struan, our family felt very isolated and had no support within the education system. Thankfully, times have changed! Since Alfie joined the school, he is thriving!

He is now in a place where he feels safe, understood and cared for. I, as his mum, know that he is not only getting the education he deserves, but he has also made friends, is gaining confidence and independence, as well as being much less anxious overall.

It can be a difficult and stressful situation coping with autism. I would like to encourage parents and carers to get in touch with me if you would like to discuss any matters I could offer help with. Even if you just need a chat to get things off your chest or a listening ear, no matter is too small, or unimportant! There is no such thing as a silly question. I am here as a parent to offer understanding and support.

I am also looking for anyone who would be interested in helping to organise a New Struan fundraising family dance/ceilidh. I would like to make a fun family event where everyone is included and can let their hair down with others in the same situation! It would be fantastic to get everyone involved and working together as a team for the children.

If you would like a chat or to be involved in or have ideas for arranging fundraising events for the school please contact me on: n.jmunro@hotmail.co.uk

Nicola Munro

Parent Ambassador

Learning Yoga



We have recently started doing yoga at our weekly assemblies to relax before going back to class. Our Principal Jasmine learned some yoga skills at our last Education Network Day and decided to introduce this at assembly. This allows our pupils to engage in a new activity that enhances their learning experience and gives them some quiet time to relax and try new poses, as well as focus on their breathing. Jack has been doing a great job helping out with guiding the sessions and demonstrating positions for us all to try.

Pupil Viewpoint: Alfie Munro

Hi I'm Alfie and I'm 11 years old and I came to New Struan School two years ago. I've been to three other schools and they were not helpful for me and I don't think they understood my Asperger's Syndrome. I was diagnosed with Asperger's at 7 years old. I couldn't cope at mainstream school or autism units. It was too busy, too loud and I got so anxious, I wouldn't go to school. I'm in Holly Class now and made lots of friends. My friends Scott, Jason, and Kiedis help me when I am anxious and stressed out. New Struan has a pyzzpod where I sit and play the iPad. I like my music and I can listen to it when I am doing work. New Struan has helped me so so much that I feel so much happier there and it's the best school ever.



For more information about New Struan School, please contact 01259 222000 or email newstruan@scottishautism.org

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www.scottishautism.org

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Registered Office: Hilton House, Alloa Business Park,
Whins Road, Alloa, FK10 3SA
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