Autism Alert Card Information

www.scottishautism.org



Why carry an Autism Alert Card?

You can show someone your autism alert card if you need them to know you have autism. They will contact someone who can help them understand more about you and how best to support you.



When do I use the alert card?

- When I need help
- When I need someone to understand I have autism



Who will I show it to?

- Emergency and public service workers (e.g. Police, doctors, receptionists)
- Someone you trust to help



What will happen?

- They will phone someone who knows you and understands how to help you
- They can contact someone at Scottish Autism who can tell them about autism

By carrying an alert card you are consenting that anyone who sees the card can:

- Contact the named individual on the alert card
- Contact Scottish Autism, who may give contact details about someone who knows you or information of another organisation they know to be supporting you
- Contact the Autism Helpline who can give information about autism spectrum disorders

Contact alertcard@scottishautism.org / 01259 720044

