

Clannalba

Respite and Transitional Assessment Service

What's going on • Summer 2017

Scottish
autism

Farewell Sean



Sean arrived at Clannalba aged 5 on a Monday to Friday respite placement as he wasn't able to cope with the demands of school life at this time. A teacher from his local authority visited Clannalba three days a week to enable Sean to continue his education while a placement was sought at Scottish Autism's New Struan School. Once started at New Struan, Sean continued to stay at Clannalba during weekends and school holidays for respite. Over the years, the staff at Clannalba have witnessed Sean grow into a confident young man with a unique sense of humour.

Sean loves to help around the house, as can be seen from the photograph above, and has now been able to move into his own flat with a new support team. This has been a huge transition for him and we are all very proud of how he has coped with it.

Well done Sean and good luck for the future!

Raising Awareness

For Autism Awareness Month, Teag, along with some staff help, manned a stand which was set up in our local Tesco store. This was to raise awareness and educate the public about autism and the services available, as well as providing an opportunity to fundraise. Lots of discussion was generated throughout the day which was great.



Service User Forum



In March we held our Easter service user forum within the south west area office in Lanark. The forum was a great success with 32 individuals from across the region attending.

There was a wide range of activities on offer including arts and crafts and a circuit class - as well as a buffet lunch. Everyone was given a sunflower to grow and encouraged to send in pictures once it has fully grown. This was a great opportunity for all the individuals we support in the south west area to meet up.

We look forward to many more!

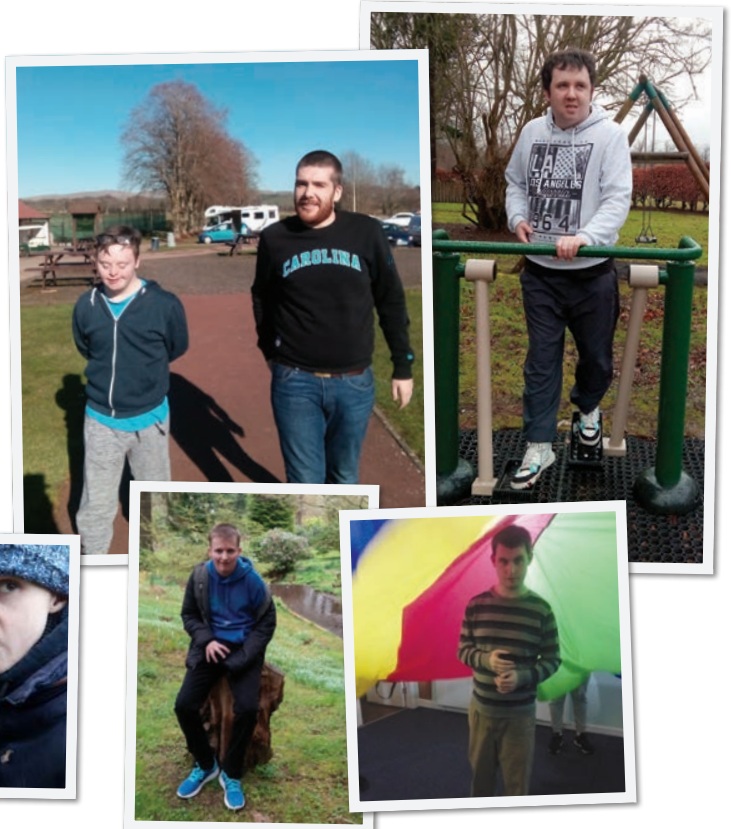
Clannalba Gets Fit

Our new outdoor gym has proven to be a great success at inspiring individuals to engage in outdoor physical activities. It has been a fun way to both get fit and promote positive health and wellbeing.

The local countryside around Clannalba provides a lot of opportunities for exploring our natural environment. We have been encouraging exercise by exploring the local forests to look for different plants and learn about trees.

When the weather has beaten us, we have provided opportunities within the playbarn to engage in ball games, parachute games, trampets and swimming.

This is an area we will continue to focus on over the summer to promote a healthy lifestyle by offering a range of physical activity opportunities both outdoors and in.



For more information about our Clannalba Respite and Transitional Assessment Service, please contact 0845 300 9272 or email clannalba@scottishautism.org

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www.scottishautism.org

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