

Moray

What's going on • Summer 2017

Scottish autism

Skiathon



In March, three generations of Charlie's family – his brother, dad, and grandad – all came together to cross country ski for six hours. The team covered just over 53km and raised nearly £1600 for Scottish Autism in gratitude for the amazing work they do with Charlie.

Thank you!

Healthy Working Lives Bronze Award

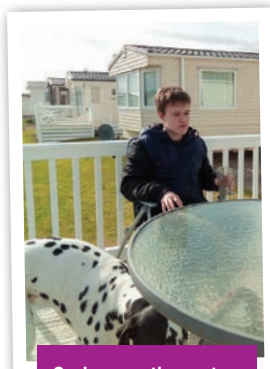
We recently received our Bronze Award for Healthy Working Lives. Maxine and Val attended the presentation in Aberdeen to collect the award on behalf of the Moray service. It was a great event and we had the opportunity to share ideas with other organisations on how we can improve the health and wellbeing of our staff and those we support.

Now the hard work begins for the Silver Award!



Ben Rinnes

Carlo recently went up Ben Rinnes with his support staff and family. Ben Rinnes is a mountain in Banffshire which stands at 2,775ft! Carlo did a fantastic job making it to the top and really enjoyed his day out.



Carlo recently went with his support staff to visit his family at their caravan in Nairn.



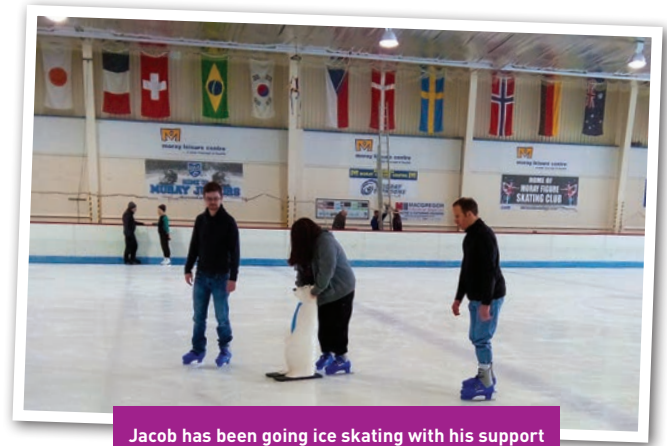
Carlo loves going on the swings; it's one of his favourite things to do. Morag, Carlo's Support Worker, didn't fancy going as high as him!

Dirds



Jacob recently discovered 'dirds' and has been decorating his house with pictures of these strange creatures. Part dog, part bird, part anomaly; these feather and fur beings have a very bold and somewhat unsettling look.

The dird, a breed of animal only found online, is created when any combination of bird head and dog body is merged into one. They can be a lot to handle and have some strange behaviours that everyone should be aware of!



Jacob has been going ice skating with his support staff and is thoroughly enjoying this new activity – the little polar bear came in handy!

Easter Fun

Charlie, Carlo and Callum all went to Duffus Castle to roll their Easter eggs. Everyone had a great time – the best part was definitely eating all the chocolate afterwards!



Carlo, Charlie and Callum enjoying their day out.

Loch Park

Every Thursday, Callum and a staff member head to Loch Park in Drummuir for a little day out. Here Callum can learn new skills from tree planting to arts and crafts. He particularly enjoys feeding the chickens.

Staff News



Tracey Gordon recently got a long service award for all her dedication and commitment to Scottish Autism. Well done on 15 years service Tracey!

For more information about our services in Moray,
please contact 01343 569268