

West of Scotland

What's going on • Summer 2017

Scottish autism

Creative Writing Group

You may have noticed that 'creative therapies' is a hot topic just now, but West of Scotland services has been offering this for many years through our well-established creative writing group. We are a small, friendly, relaxed and supportive group. Most writers work from the tutor's range of suggestions, while some prefer to write from their own ideas and appreciate the group feedback on their work.

We are always keen to welcome new people, both new and experienced. The group offers a safe place to experiment with different writing styles by writing about particular interests, exploration of characters' feelings and relationships and some real life experiences, challenges and successes.

The group is led by a highly qualified and very experienced tutor, Annette Allison, who works by offering opportunities, building confidence and maximising successful outcomes. If you would like to join, please contact the West of Scotland office.

Here are some pieces written by the individuals who attend the group:

Paintings by Victoria Curtis

When I was in Kelvingrove Art Galleries, I saw lots of paintings. They were very beautiful. Some were new and some were old. Some were big and some were small. Some were dark and some were bright. Some were amazing.

Why Positive? By Paul Ritchie

A lot of people tend to be unemotional. We can't help that. But the need for positive thinking is not asking too much. You may see the negative side. The world is based on many aspects. Maybe what is needed is to distinguish categories, so that the positives not only recognised but assists the receiving of thinking. Accentuate the positive, eliminate the negative, don't mess with Mr. in between.

Aladdin Performance



The individuals we support, along with Chaotic Productions, recently took part in another great performance! This time the show was Aladdin and everyone did a wonderful job in their roles. Family and friends in the audience had a great time seeing our version of the Disney classic, especially all the singing and dancing.

Cymatics



Some individuals from the Abbie Resource Centre have been taking part in a sensory music project at Touchbase in Glasgow.

The project involves visualising music as sound waves as well as making music. Jaqui, Jamie and Jamie have all enjoyed the music sessions so far and are looking forward to working on the project again in the coming weeks.

For more information about our services in West of Scotland,
please contact 0845 300 9277 or email westofscotland@scottishautism.org

Scottish
autism

www.scottishautism.org

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