

newstruan school

Included, confident learners in the community

WEEKLY LUNCH MENU – Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTERS	Spicy Tomato soup.		Potato and leek soup.		Lentil Soup.
MAIN OPTIONS	Sausage Rolls, Curly Fries and Baked Beans. ***** Vegetable Cakes and Salad from the salad bar.	Macaroni cheese with Broccoli served with Garlic bread. ***** Cous Cous with Roasted Vegetables.	Chicken Curry With Boiled Rice. ***** Pasta with Salmon and Peas.	Breaded Haddock, Chunky Chips, Peas & Sweet Corn ***** Spicy tomato and bean Pasta.	Hot dogs steamed onions and Potato wedges. ***** Plain Omelettes.
DESSERTS		Strawberry Mousse. ***** Fresh Fruit.		Apple Crumble & Custard. ***** Fresh Fruit.	
SALAD BAR	Marie Rose and Peppers Pasta.	Potato & spring onion Salad.	Vegetable Rice.	Egg & Cheese Salad.	Beetroot Salad.

Salad Bar includes lettuce, peppers, tomatoes, carrot sticks, celery, cucumber, Spring Onion, Red Onions, radish, Beetroot, Pickled Onions and Coleslaw.

w/c Monday:

14th Aug, 4th Sept, 25th Sept, 30th Oct, 20th Nov, 11th Dec

15th Jan, 5th Feb, 26th March,