

Christmas Celebrations at ARC



During December, we held a Christmas party at ARC for the individuals we support, together with their families and support staff. We had a brilliant turn out and everyone seemed to have a great time. We all particularly enjoyed a sing along to some Christmas carols to get us in the festive spirit.

We were delighted that the party was a great success and appreciated everyone getting involved to make it such an enjoyable event. We would like to say a huge thank you to everyone that came along and joined us for the festive celebrations.

Welcome to Dylan!

We are pleased to welcome Dylan to our Lothian services. Dylan has just recently left school and will be receiving support from a local community centre and staff from ARC.

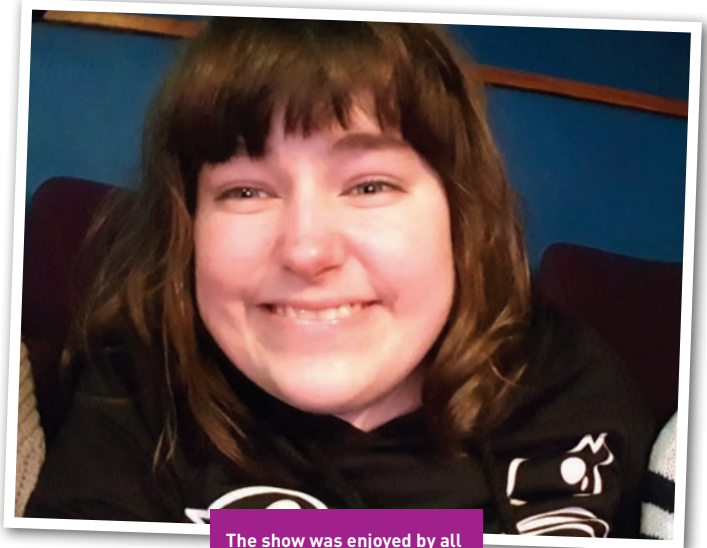
Dylan is keen to be supported, take part in daily activities such as swimming, art sessions and develop his computing skills. He also particularly enjoys interacting with his support team and is looking forward to building a stronger relationship with his staff team.

Fun at Beauty and the Beast

A group of individuals that are supported within our ARC and Parkside services recently visited the Brunton Theatre in Musselburgh, to watch the pantomime adaption of the classic fairy tale, Beauty and the Beast, with a bit of a Scottish twist.

Everyone thoroughly enjoyed watching the show and were laughing and interacting throughout. We were encouraged to see the group up on their feet singing and dancing towards the end, showing how much of a brilliant time they had.

Well done and thank you to everyone that attended to make the outing a huge success.



The show was enjoyed by all

Hello from Anders!



Anders is supported at home and has just moved from New Struan School in Alloa. He enjoys walking, trampolining, ten-pin bowling, arts and crafts and loves visiting new places to try out new experiences.

At the moment, Anders is working alongside his own team to learn how to look after his own home, do his own laundry and keep the place tidy. He has a lovely garden at his new cottage and is looking forward to spring when he can plant some seeds to grow more vegetables!

"I am enjoying getting to know the people in my new team. They are learning about me and I am learning about them." – Anders

An Illuminating Outing

During the festive season, a group from our service in Dalkeith, Kevin, Amy, Martine, Yvonne and Fiona, travelled to Edinburgh to enjoy the Christmas light installation at the Botanic Gardens. It was a short but very enjoyable walk around the gardens, to see them illuminated by beautifully colourful light displays, and listen to some soothing music.

Everyone absolutely loved the experience and wanted to share their thoughts about their evening out and the spectacular display:

"Lovely lights!"
- Fiona

"I thought it was absolutely fantastic. The part I liked the most was where I had my picture taken. I thought it was gorgeous."
- Kevin

"I liked it. I liked the pretend snow coming down from the trees."
- Yvonne

"It was absolutely brilliant. I liked watching it all. The sound was good as well."
- Martine

"It was nice, the lights were good. I liked the colours."
- Amy



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