

Tayside

What's going on • Autumn/Winter 2018

Scottish
autism
CELEBRATING 50 YEARS

Fun at A in the Park



On Thursday 8th August, Tayside services held its annual 'A in the Park' event at Monikie Memorial Hall. This year's event was designed to link in with Scottish Autism's 50th Anniversary celebrations and as such meant that we made it bigger and better than any other year. We had around 75 people attending the event, with a mixture of supported individuals, staff, parents and friends.

A coach was organised to make sure that everyone was able to access the event for as long as they wished.

Along with the usual favourite games, a Disco Dome and a Bungee Run were organised for the event and were both great successes on the day. Danielle from Uppertunity provided some art based activities and face painting while Kenny who facilitates the weekly music group in our North Lindsay Street base provided some musical entertainment on the day.

A spit roasted pig was provided for food by the Spitting Pig Company. This went down a treat with all who attended with very little being left over!

The event was planned by our supported individuals through the Tayside Service User Forum.



Making Music in Tayside



"I recently supported a lady to attend a music class in a local church. The group was quite big and the supported individuals seemed to enjoy the class very much. I thought there would be a few other supported individuals who would enjoy this class, however they could not attend due to access issues.

I spoke to my Service Manager, Gillian McCrae who said there was fundraising money we could use to help pay for the cost of having a music class at North Lindsay Street. I was able to organise with Kenny (the class' music teacher) to come along to North Lindsay Street and have a trial session for our supported individuals and see if they would like to attend a more regular class.

The class was enjoyed by all but as numbers were high we had to divide the session into two half an hour sessions- this way more people were able to enjoy the class.

Supported individuals have been learning lots of new songs, using African inspired instrument, drums and shakers, as well as learning to use their own bodies for percussion, for example clapping and tapping. Kenny is great with getting everyone involved- staff and our supported individuals are all having fun within the class. So far the class has been a success. We have completed two 12 week blocks and have been able to book in our third."

Submitted by Lynsay Cameron, Autism Practitioner

Well done Fiona!

My name is Fiona Knight and I joined the organisation as an Autism Practitioner in 2008.

I have been part of supporting the growth of our services and I have seen the organisation transform and develop into Scottish Autism as it is today with a focus on putting supported individuals at the centre of everything we do.

I was promoted to the post of Senior Autism Practitioner in 2016 and I am really enjoying my management role.

I am proud to be associated with Scottish Autism as I celebrate my 10 years Long Service Award.



For more information about our services in Tayside, please contact 01382 226769 or email tayside@scottishautism.org

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