

# Orkney

What's going on • Spring/Summer 2019

# Scottish autism

## A Festive 50th Celebration

On the 17th December, supported individuals and staff from our Orkney services celebrated Scottish Autism's 50th Anniversary and Christmas with a big joint party. The event included music and dancing, as well as delicious food and a big cake! Everyone had a lot of fun playing with the balloons and celebrating.



## All Fired Up!



A number of our supported individuals have recently attended an 'All Fired Up' workshop where they had the opportunity to create a variety of ceramic items. This included a lovely festive plate and a very colourful mug! Everyone who attended thoroughly enjoyed the workshop, and we hope to be able to take part again in future.

# Regular Events in Orkney

Some of our supported individuals have been attending trampolining sessions at the Pickaquoy Centre. They have been enjoying these sessions so much that we have booked every Monday for the next three months too.

Also at the Pickaquoy Centre, we have been hosting indoor football sessions on a Tuesday between 11:00am – 12:00 noon. This has been opened out to all adults in our services and out-with Scottish Autism. This activity is well attended and very popular with the adults we support and other young adults within other services. It provides supported individuals with good social interaction opportunities as well as some physical exercise and lots of fun.

We also hold 'The Chill-Out-Zone' at The Life Centre on the last Thursday of each month. This gives over 16s the opportunity to have a get together, where they can chill-out with friends, enjoy a game of pool or table tennis, listen to some music, dance, draw, or just sit with a drink and people watch.



## Our Big Office Move!

Our Orkney Service office has changed location! Our new office, based in 7 - 13 Laing Street, will soon be up and running, and is open to those in the community to drop in.

An open afternoon will take place once the new office is ready for our supported individuals, families, staff and members of the public to visit.



For more information about our services in Orkney,  
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Scottish  
autism

[www.scottishautism.org](http://www.scottishautism.org)

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