

West of Scotland

What's going on • Spring/Summer 2019

Scottish
autism

Our 50th Anniversary and Christmas Celebrations

In November last year, our West of Scotland service held a fun-filled evening at Glencairn Social Club in Rutherglen to celebrate Scottish Autism's 50th anniversary. With live music, a photo booth and a delicious buffet, supported individuals and their families from across the West came along to join in with the celebrations. A great night was had by all, with lots of singing, dancing and laughter.

Sticking with our Christmas theme, over at Hamilton Towers there was a Christmas sing along just before the holidays. All of our supported individuals and their families were invited along to join in with the festivities and have fun at the centre. Staff and family members were also involved in playing instruments to help with the sing along and everyone had an amazing time getting into the festive spirit, singing all of the classic Christmas favourites!



Everything is Going Swimmingly!

Another one of our supported individuals in our Kilmarnock service, Kevin, has recently started going swimming. Staff have been working with Kevin over the last few months to get him used to the surroundings of the pool at Gorbals Leisure Centre in Glasgow. Last week, Kevin went into the water for the first time, much to the delight of staff who were supporting him! He enjoyed his time in the pool and this week went in with no hesitation. Kevin enjoyed a 40 minute swim before choosing to leave. This is great progression for Kevin and he will now hopefully make this part of his weekly schedule. Great job Kevin!



Best Friends Come In All Shapes and Sizes!



Kevin, who is supported in our Largs service, returned to horse riding in 2018. Attending every Thursday, Kevin has made a new best friend in horse, Heather, and he has vastly improved his skills along the way. Kevin can now turn the horse left to right and in and out of cones. These skills have added to his ability to command the horse to walk on and stop. After his lesson, Kevin likes to help out with grooming Heather. Heather loves when Kevin feeds her healthy treats such as apples and carrots. Keep up the good work Kevin!

Oh, The Drama!

Throughout December, a number of our supported individuals were rehearsing and putting together a Christmas show to perform in front of friends and family to show off all their amazing talents. With the help of the K-otic drama club, everyone took part in a special performance of A Christmas Carol, adding in their own twist to their parts and putting on amazing performances. Everyone's singing, and dancing showed just how much fun they were having alongside the effort they all put into their show.



For more information about our services in West of Scotland, please contact 0845 300 9277 or email westofscotland@scottishautism.org

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