Central

What's going on • Autumn/Winter 2019



Ready, Steady, Go Ape!

A team building day took place in July with the Founders House staff team and it was a very exciting day with high adventures and team tasks. Thirteen staff attended the day out at Go Ape and they were split into three groups. Their focus was communication and a lot of encouragement was needed to tackle the course, it was very scary but there were lots of laughs! Some staff were able to overcome their fear of heights and the whole day was a great opportunity to enhance staff morale and promote positive relationships within the team. Note to interested reader: avoid June/July unless you like midges!







Ross' Renovation

Ross Davidson from Hervey Street had his back garden completely renovated by the generosity of the Thistles Centre in Stirling and it looks beautiful. Ross' support workers at Scottish Autism originally requested that a raffle was carried out to raise funds for the garden. However, the Thistles team decided to volunteer their time and money to transform the garden into something special for Ross. The centre provided £2,500 which allowed a team to spend their entire day working on the project. Now the garden space is a lot more fun and enjoyable for Ross with an adult swing, a new seating area with lighting, a vegetable and flower patch and an outdoor bean bag. Ross was very happy with his new garden. This also means Ross can now have a sensory room in his home too thanks to money left over.

Balmyre Fire Service Visit



Balmyre received a fire service visit on the 16th July where they demonstrated what to do in the event of a fire. They also discussed safety hazards and precautions. There was a fire hose demonstration where the fire-fighters helped whoever wanted to try to have a shot plus a chance to sit in the front seat of the fire engine. There were plenty of picture opportunities for everyone to stand with the fire-fighters.

Celebrating 30 years for Catherine!





Catherine Brown has been with the organisation 30 years and was presented with a cake and some gifts to say thanks and recognise this big achievement! The seniors and some head office staff were present in the training room waiting on Catherine to surprise her and Catherine had no idea it was happening!

On the Move...

Chris Anderson moved into his own home and now receives an outreach service with us as well as attending Art Opportunities for glasswork sessions. He moved into his new home on the 29th July.

Staff are helping to support him to be more independent within his home and to access the community as he wants to form friendships. Chris loves to be around people and has a wicked sense of humour.

Gregor Monteath moved into his new home on North Street in July and is settling in well. Gregor was asked what he thought of his new house and he said "It's great, it's smashing." Gregor said he enjoys having a chippy tea on a Saturday with Connal.



Leave a Lasting Legacy

After you have met the needs of your loved ones, we hope that you will consider leaving a special gift in your will to Scottish Autism.

Leaving Scottish Autism a gift in your will is a valuable way for you to leave a lasting legacy that helps us continue to provide services and support that enable autistic people to lead happy, healthy and fulfilling lives for generations to come. We are very sympathetic and understanding regarding how you may wish for your gift to be used.

If you would like to discuss how to leave a gift in your will to Scottish Autism, please contact us in the strictest confidence. Get in touch with our team at **fundraising@scottishautism.org** or call **01259 720044**.

For more information about our Central Area Services, please contact 0845 300 9271 or email central@scottishautism.org

www.scottishautism.org

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