Fife

What's going on • Autumn/Winter 2019

Scottish autism WHERE AUTISTIC PEOPLE ARE VALUED

A Trip to Remember







Gordon's holiday to Piperdam was quite an adventure! It was his first time away with Scottish Autism and the memories that he has taken away are everlasting.

When Gordon and his support staff got in the car on the Monday, Gordon thought he was just off for a little jaunt! As it turns out the jaunt was a week away in a luxury cabin, with not only a hot tub but a sauna too.

Upon arriving at the cabin Gordon's staff encouraged him to familiarise himself with his new surroundings. Gordon likes to have a go-to chair, so he picked this out after exploring and watched as his staff unpacked.

On the first evening they took a leisurely walk down to the restaurant, and Gordon had 'posh' fish and chips.

The weather wasn't in their favour on the Tuesday, it rained! What do you expect in Scotland? So instead it was a trip to the cinema, which was another first with Scotlish Autism. Gordon was mesmerised by the big screen and Pikachu was very cute and funny (his staff even laughed their way through the film).

Gordon loves his food, so was rather chuffed with the little gem of a café that his staff found for lunch. Talking of food, he struck gold!

Both his staff love to cook, so dinner in the cabin was scrumptious.

He took advantage of having a swimming pool on site, it was a little bit of a challenge getting into the pool as there was no fancy walk in steps,

but Gordon managed with the help of his staff. The pool was great and he just loved splashing around. It was then time for Gordon to relax in his hot tub, so spoiled!

The evenings were spent having a walk or run if Gordon was feeling energetic, down to the bar. People watching, what more can be said?

What else did he fill his time with? He went to Cairnie Fruit Farm and found the biggest sand-pit, the texture of the sand between his fingers just made him smile like a Cheshire Cat. Gordon thought it was rather funny watching Adele and Andrew going down the slide with him, reliving their youth! They relived their youth some more later on in the day when they all went to the soft play area on site. Gordon's eyes lit up when he saw the ball pool. It was like a mini expedition climbing and exploring the soft play and of course there was another slide, he went down it rather fast.

Gordon's family came up to visit him one morning and he showed them the swimming pool, sauna and steam room. They seemed impressed most by his swimming and splashing. Everyone then shared a delicious lunch together before his family headed back down the road.

He had a beaming smile on his face from the start of his holiday and by the end his face was rather tender from grinning so much. Gordon cannot wait until his next holiday and is even hoping to sneak one in again this year!

Tim's Gig Going Gordon's



"I'll tell you what I want, what I really, really want..."

Tim would like to tell you all about his first experience seeing the Spice Girls at Murrayfield on the 8th June this summer.

He set off on the Saturday morning with the Spice Girls CD blaring out tunes. Of course Tim was singing along. Adele's attempt at singing was interesting! Tim knew all the words and Adele was just making a dreadful noise!

They arrived at the hotel in good time and after some relaxing, had a chat about how Tim wanted to spend his time before the concert. He decided to head down to the bar; he led the way and found a table. Tim was beginning to get rather excited by this point so made the choice of ordering himself a drink and listening to some music.

It was then time to make sure Tim had a full tummy before a night of dancing. He ordered fish and chips with a side of beans. Since it was a special occasion he decided to spoil himself with a small bowl of profiteroles, they were scrumptious!

The locals were so friendly and they were keen to hear all about where Tim was heading in the evening. The anticipation of the night ahead was making him very excited.

Tim was quite mesmerised by the crowds around him but was able to find the stall selling Spice Girls merchandise. However there was no queuing system, just one big mass of people huddled together getting soaking wet. He spotted the t-shirt that he wanted to purchase and then made the decision to go searching for a more organised stall. Alas, an organised queue at a concert doesn't happen! Tim waited at another stall patiently getting nearer to the front and was very happy with the t-shirt he bought.

The crowd was huge, 67,000 fans, WOW! Tim danced the night away and made sure Adele was dancing and singing too.

ZIGAZIG AH

Gordon's Shopping Trip

What an experience Gordon had when grocery shopping! With all the bright lights, noise, moving trollies and people, it can be very overwhelming.

It has taken Gordon quite some time and lots of support and encouragement from his staff but he now not only goes grocery shopping but he enjoys trying a different store.

What else is there to say when Gordon's photographs speak volumes?



Leave a Lasting Legacy

After you have met the needs of your loved ones, we hope that you will consider leaving a special gift in your will to Scottish Autism.

Leaving Scottish Autism a gift in your will is a valuable way for you to leave a lasting legacy that helps us continue to provide services and support that enable autistic people to lead happy, healthy and fulfilling lives for generations to come. We are very sympathetic and understanding regarding how you may wish for your gift to be used.

If you would like to discuss how to leave a gift in your will to Scottish Autism, please contact us in the strictest confidence. Get in touch with our team at **fundraising@scottishautism.org** or call **01259 720044**.

For more information about our services in Fife, please contact 0845 300 9273 or email fife@scottishautism.org

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