

# New Ridgemark

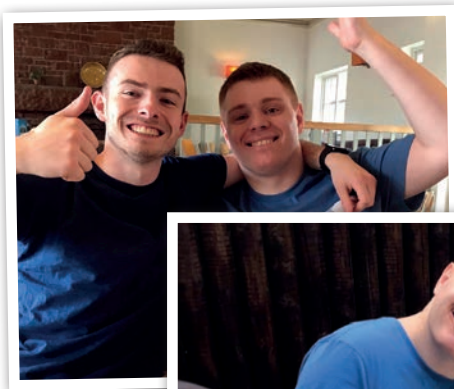
## Transitional Assessment Service

What's going on • Autumn/Winter 2019

# Scottish autism

WHERE AUTISTIC PEOPLE  
ARE VALUED

## Graham's Holiday



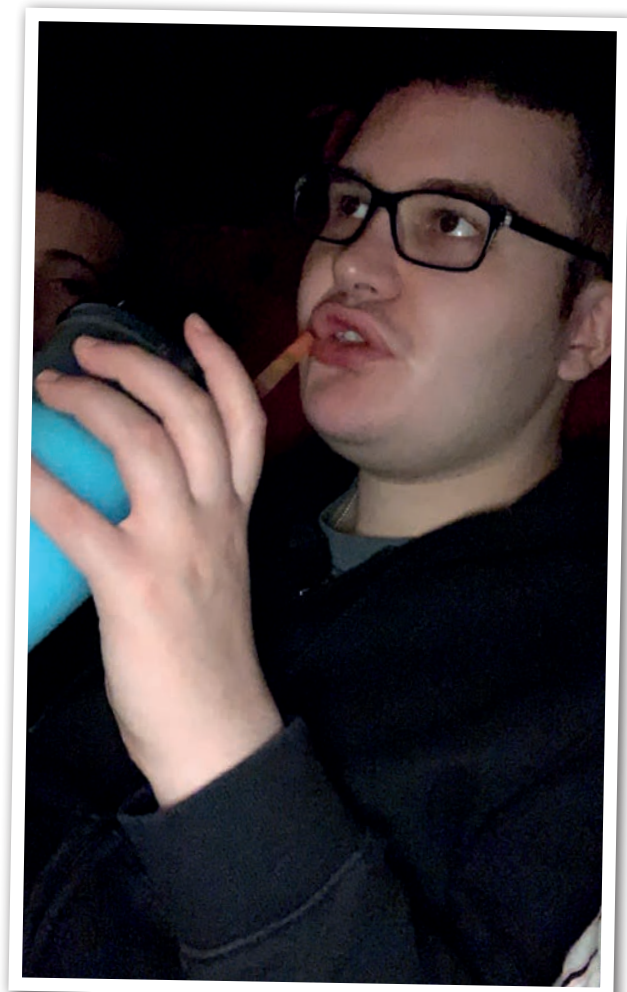
Graham enjoying a spot of lunch.



Graham enjoyed his fifth trip to Center Parcs, Whinfell Forrest in May. Graham was offered choices of alternative places to go his holidays, but he chose Center Parcs again! Graham stayed for five nights this time, increasing his holiday duration, and had an amazing time with his staff; his highlights were swimming, country walks, eating out in restaurants and using the hot tub and BBQ at the chalet. The ducks visited Graham most mornings and he shared breakfast with them.

## To Infinity and Beyond

Calum is a huge Disney fan and enjoyed a trip to the cinema to see Toy Story 4. Calum was excited to see the new movie and enjoyed his trip. Calum planned the trip with his staff by researching the times at the cinema and planning to ensure there was time for a McDonalds. He's now looking forward to the Lion King.



# Our very own Alan Titchmarsh and Charlie Dimmock at Ridgepark House



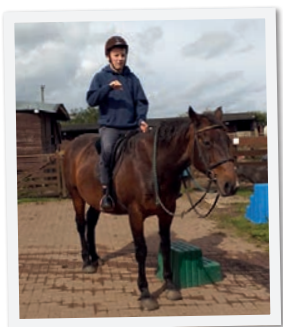
Over the years Jean Sharp our very own Charlie Dimmock, has in her own time maintained and brought to life the area between the stable block and main house, bringing the whole area to life in a wave of vibrant colours, smells and exotic flowers. Jean we greatly appreciate all you do for us at Ridgepark House, thanks so much, a true inspiration to us all.

Peter Dawson our very own Alan Titchmarsh after his retirement, has turned the polytunnel into a vegetable haven. Service users enjoy watering the plots and eating the end product, the kitchen plan their recipes around what he has to offer. Thanks so much Peter.

A huge thanks to our new Handyman Gordon who comes in and waters the plants and vegetables on his days off.

## Millar Horse riding

Millar has always enjoyed horse-riding since early childhood, his Mum sources a new provider from Riding for the Disabled in Stonehouse and Millar has a horse-riding lesson every Wednesday. Millar enjoys the experience, and this also promotes physical activity linking directly to promoting a positive mental wellbeing for Millar.



## Tribute to Mrs Taylor

Mrs Taylor, Stephen's mum passed away suddenly in July. Mrs Taylor was an inspirational woman, who was an original member of the group of parents that set up the Scottish Autism Saturday Club in Oban. A dedicated mother to Stephen and his siblings, she will be truly missed by all.

A few words we find fitting in remembering Mrs Taylor:

*'She walks in beauty, like the night,  
of cloudless climes, and starry skies'*



## Long Service Awards

Catriona Bason, our Cook is celebrating 15 years of service and Ina Hay, our Autism Practitioner has achieved 20 years! Well done to both of you!

## Leave a Lasting Legacy

After you have met the needs of your loved ones, we hope that you will consider leaving a special gift in your will to Scottish Autism.

Leaving Scottish Autism a gift in your will is a valuable way for you to leave a lasting legacy that helps us continue to provide services and support that enable autistic people to lead happy, healthy and fulfilling lives for generations to come. We are very sympathetic and understanding regarding how you may wish for your gift to be used.

If you would like to discuss how to leave a gift in your will to Scottish Autism, please contact us in the strictest confidence. Get in touch with our team at [fundraising@scottishautism.org](mailto:fundraising@scottishautism.org) or call **01259 720044**.

For more information about our New Ridgepark Transitional Assessment Service, please contact 0845 300 9275 or email [ridgepark@scottishautism.org](mailto:ridgepark@scottishautism.org)

[www.scottishautism.org](http://www.scottishautism.org)

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