

Tayside

What's going on • Autumn/Winter 2019

Scottish autism

WHERE AUTISTIC PEOPLE
ARE VALUED

Lots of Fundraising



Tayside has arranged two coffee mornings through their local service user forum and both have been a great success. The supported individuals and staff baked the cakes for the event and all Tayside service users and staff were invited along, as well as parents and carers of supported individuals.

The first coffee morning was a chance for all of the service users to meet our new CEO, Dorry McLaughlin, as well as our Director of Autism Services Jackie Latto. Again this was arranged through the service user forum. Everyone who attended said how much they enjoyed the event and meeting Dorry and Jackie.

The second was a charity coffee morning to fundraise for charities picked by the service users via a 'secret vote'. The chosen charities were The Cats Protection in Dundee and Redwings Donkey and Horse Sanctuary just outside Forfar. A total of £74.22 was raised and split between each charity.



Plans for a New Kitchen at Dundee Outreach Service



Our Dundee Outreach Service base moved to its current location on North Lindsay Street in the summer of 2013, since then the number of service users accessing the base has increased greatly, along with growth in the staff team. This has meant that our small working kitchen gets a lot of use and although only installed when we moved in, we've recognised that the layout doesn't quite work for us any longer.

Luckily this year we were allocated some funds to replace the kitchen which has allowed us to look at changing the layout to better suit the day to day needs of the service.

Service managers have worked alongside local companies - Howdens Joinery and Intona - to discuss our needs and to put together some 3D plans which were then taken to our Service User's Forum for discussion and suggestions. Our service users made a number of suggestions about the layout, colours, handles and taps at the Forum. Those that were unable to attend the Forum were given access to the brochure to be able to comment on colours, handles and tap preferences.

The main changes we will be making are moving the cooker and hob to the far side of the kitchen so that service users aren't disturbed when cooking when others come into the kitchen to do dishes. The sink will be moved nearer to the door for easier access. We are also adding a double ring hob beside the four ring hob to allow for service users to learn cookery skills through staff modeling.

Now that everyone has had the opportunity to comment, we are at the stage of organising the works and are really excited to see the end results.

Leave a Lasting Legacy

After you have met the needs of your loved ones, we hope that you will consider leaving a special gift in your will to Scottish Autism.

Leaving Scottish Autism a gift in your will is a valuable way for you to leave a lasting legacy that helps us continue to provide services and support that enable autistic people to lead happy, healthy and fulfilling lives for generations to come. We are very sympathetic and understanding regarding how you may wish for your gift to be used.

If you would like to discuss how to leave a gift in your will to Scottish Autism, please contact us in the strictest confidence. Get in touch with our team at fundraising@scottishautism.org or call **01259 720044**.

For more information about our services in Tayside,
please contact 01382 226769 or email tayside@scottishautism.org

www.scottishautism.org

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