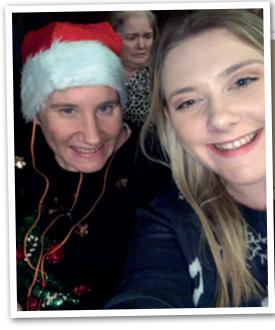
### Lothian

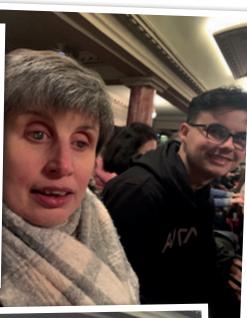
What's going on • Spring/Summer 2020



# The Lion King







In December, supported individuals and staff at Parkside went to see the Lion King at the Edinburgh Playhouse.

Everyone wore their cosy Christmas jumpers and headed up to Edinburgh. Before arriving, we all went for a lovely lunch ahead of the show starting. The Lion King was incredible and was enjoyed by all, as was the ice-cream at the interval!

Kevin's favourite part was seeing all the animals, especially the giraffes.

Martine really enjoyed her day, it was great and she loved listening to all the music throughout the show.





## Fiona's Holiday to Spain



In October, Fiona from Parkside went on holiday to Spain with her support staff. She flew from Edinburgh Airport direct to Malaga Airport. In the airport, Fiona enjoyed a coffee and food. After landing, she checked into the hotel and went straight out to enjoy a delicious Italian meal. After dinner, she went for a short walk before heading to bed after a long day of travelling.

After a lovely buffet breakfast at the hotel, Fiona relaxed by the pool the next day. In the afternoon she went for some lunch and a walk along the beach. Fiona bought some postcards to send to loved ones. That evening, Fiona enjoyed fish and chips for her dinner before going to play a late night round of golf and then she took a stroll back to the hotel to rest.

On the final day of the holiday, Fiona had breakfast at the hotel again and relaxed by the pool until lunch time. When she went out for lunch, Fiona had some special nonalcoholic beer and enjoyed a leisurely stroll. As it was the final day, Fiona and her staff decided to get some food and drinks and have a party. After this, they all had Chinese food, then resumed the party in the room. The flight was early the next day so everyone had an early night. The next day, Fiona had her breakfast and got ready to fly home. It was a very enjoyable trip!

#### **Project Lightyear**



Scottish Autism has invested in a Digital Transformation Project, which aims to improve the delivery of quality services to the individuals we support, better engage staff and improve our support activities. Access Care Planning, our electronic support planning system, will offer a number of benefits:

- Consistency of care through staff having easier access to support plans and schedules through a mobile device
- Improved communication between staff as all information can be viewed in real time, meaning they will be reviewing or updating live information, in the palm of their hands

- Autistic individuals will have greater access and opportunities to input into their own support plan
- Parents and carers will be able to review information related to the support of their family members

We are also implementing a new rota management system and a number of back office systems which will help provide a single view of Scottish Autism, with real time information.

Training is now being delivered across the organisation with all staff using the systems by April 2020. If you are interested in finding out more about the new systems, please contact the managers at your service.

For more information about our services in Lothian, please contact 0845 300 9274 or email lothian@scottishautism.org

#### www.scottishautism.org

Company Limited by Guarantee. Registered in Scotland No. 81123 Registered Office: Hilton House, Alloa Business Park, Whins Road, Alloa, FK10 3SA Scottish Autism is a charity registered in Scotland, No. SC 009068 Follow us on Twitter, Facebook and Instagram







/scottishautism



**@ScottishAutism**