Scottish autism
WHERE AUTISTIC PEOPLE ARE VALUED

Face Coverings Routine

Important things to remember when putting on and wearing a face covering:

- Wash your hands before putting on your face covering.
- Put on your face covering by using the straps/loops/back or side of head area
- Wash or sanitise your hands if you touch your face covering.
- Your face covering must cover your mouth and nose.

Important things to remember when removing and storing your face covering:

- Wash your hands before removing your face covering.
- Remove your face covering by using the straps/loops/back or side of head area.
- Make sure you wash your face covering after use. It is suggested this is done at 60 degrees.
- Once your face covering is washed and dried, wash your hands and then place it in a plastic bag without touching your face.
- Your face covering should be stored this way until you need to use it next time.