

One Stop Shop for Autism Fife - Calendar – December 2019

For updates visit - [www.fifeoss@scottishautism.org](mailto:fifeoss@scottishautism.org)

Please phone  01592 645350 or  email fifeoss@scottishautism.org

For advice, support, information about Autism Spectrum Disorder/Condition (ASD/ASC)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CLOSED	2 Telephone /Email/ 1:1 appointments	3 Understanding My ASD Diagnosis (WK 5) 1pm-3pm	4 Let's Talk – Parent Group 10am-12pm *Advisory Drop-in 1pm-3pm	5 Telephone /Email/ 1:1 appointments	6 Telephone /Email/ 1:1 appointments	7 CLOSED
8 CLOSED	9 Understanding My Loved Ones ASD Diagnosis (Day 2) 10am-4pm	10 Telephone/Email/ 1:1 appointments	11 *Advisory Drop-in 1pm-3pm	12 Telephone/Email/ 1:1 appointments	13 Telephone/Email/ 1:1 appointments	14 CLOSED
15 CLOSED	16 Telephone /Email/ 1:1 appointments	17 Telephone/Email/ 1:1 appointments	18 *Advisory Drop-in 1pm-3pm	19 Telephone /Email/ 1:1 appointments	20 Telephone/Email/ 1:1 appointments	21 CLOSED
22 CLOSED	23 CLOSED	24 CLOSED	25 CLOSED	26 CLOSED	27 CLOSED	28 CLOSED
29	30	31				

***Advisory Drop-in Sessions- if you don't have an appointment and wish to speak with an Autism Advisor**

Details of 'What's On' at the One Stop Shop for Autism in December 2019

<p>Monday – Friday in December 2019 Between 9.30am and 5pm</p> <p>We will respond to emails and phone messages as soon as we can. <i>NB : Our opening times can vary Please call us before you visit</i></p>	<p>Throughout the month, we respond to telephone calls, emails, and offer 1:1 appointments</p> <p>For advice, information and appointments, please contact us by:-</p> <ul style="list-style-type: none"> • Telephone : 01592 645350 • Email : fifeoss@scottishautism.org • Facebook : https://www.facebook.com/OSSFife/
<p>Tuesday 3rd December 2019 (Week 5)</p> <p>Time: 1pm-3pm</p>	<p>Understanding My ASD diagnosis (17+ years) A 5 week programme for individuals diagnosed with an Autism Spectrum Disorder (ASD), which covers a different topic each week. What is ASD, Sensory Issues, Anxiety, Relationships, Employment/Education & Transitions. (Weeks 1, 2, 3, 4, 5 , followed by a 1:1 session)</p> <p>This is a closed group, please contact us for dates and information on future groups.</p>
<p>Wednesday 4th, 11th, 18th December 2019</p> <p>Time : Between 1pm-3pm</p>	<p>Advisory Drop-in sessions every Wednesday between 1pm-3pm. An opportunity to drop-in, to speak with an Autism Advisor on a 1:1 without an appointment.</p> <p><i><u>Please note this is on a first come basis therefore, you may need to wait</u></i></p>
<p>Wednesday 4th December 2019</p> <p>Time : 10am-12pm</p>	<p>Let's Talk –ASD and a cup of tea! Parent support group meet the first Wednesday of the month. This is an opportunity to chat with other parents/carers and professionals.</p>
<p>Monday 9th December 2019 (Day 2)</p> <p>Time: 10am – 3.30pm</p>	<p>Understanding My Loved Ones ASD Diagnosis This 2 day Workshop is designed to help you understand your Loved One's Autism Spectrum Disorder (ASD) Covering the following topics – What is ASD , Sensory Issues, Anxiety, Relationships, Employment/ Education & Transitions</p> <p>This is a closed group, please contact us for dates and information on future groups.</p>

Please note that unless you are a blue badge holder there is no parking at our premises.
The nearest parking is at the train station (free of charge) or The Postings (pay and display)

Our meeting room is on the first floor of the building; please let us know if you have any mobility issues and we can arrange an alternative room.