

Family Groups in Fife

Autism Rocks

The Centre situated in Buckhaven is open from 10am till 2pm Tuesday, Wednesday and Thursday for all (Parents/ carers kids etc). An after school youth group runs each Thursday from 5.30-7.30pm. On a Friday night the centre is open from 6pm - 8pm for teens and adults on the spectrum. See website for more information.

www.autismrocksfife.co.uk

Contact Liza Quin

Tel: 07825 869511

Email: autismrocksfife@outlook.com

The Yard – Fife

The Yard is open every Saturday and Sunday 10.30am-4pm.

‘A safe place to play – adventure, fun and friendship for disabled children, young people and their families’.

Argos Youth Centre, Appin Crescent, Kirkcaldy, KY2 6EJ

Tel: 0131 476 4506

HyperClub

The HyperClub's aim is to support children with ADHD, autism and various other health issues. Various clubs run from premises in Inverkeithing

Tel: 07735588480 Email: hyperclub2012@gmail.com

<https://www.facebook.com/Hyperclub-1450947958469056/?fref=ts>

Kidz Unite

Kidz Unite is a support group for families/carers and their children with special needs. A group is run at Newcraigs Church, Kirkcaldy every other Thursday during term time from 7.00 - 8.30 pm. A number of activities run including X-Box, Wii games, snooker, table tennis, table football and much, much more. Outside organisations and trips to other facilities are also organised.

<http://www.kidz-u-nite.org.uk/>

Telephone: 07815557848 or 07904500455 or 07806922985

Funday Sunday

Funday Sunday is a group/club for kids with any kind of additional support need and their siblings and families, a chance for the kids to play and the adults to have a cuppa. The group is based at Dunfermline East Church, Nightingale Place, Dunfermline, KY11 8LW. We've a small soft play structure, a ball pit, a dark tent and sensory light toys along with puppets, foam footballs, cars, dolls, trains and more. In the back hall we try to have something different each week – a messier option to try. There's a donation of £2 per family and that includes your drinks and snacks. Feel free to drop in for part of a session if you like. We can accommodate little ones – just ask a helper if you need baby chairs/toys etc and you can't see any. There's a team of 3 helpers each week and they'll be wearing badges so please just ask if you need anything. You can also find us on Facebook at:

www.facebook.com/fundaysundayclub

Telephone: 07969 481646

Email: andrew@dunfermlineeastchurch.org.uk

Nourish Group

Based in Kirkcaldy, Nourish offer groups for families of children with additional needs (with and without a diagnosis). There are play areas, soft play, arts and crafts and sensory toys.

Monday 11am-2pm - Group for Adults with disabilities aged 16+

Wednesday 11am-2pm - Family Drop In – for families who have child/adult with ASN

Thursday 10am-11am – Family Support Group - for families together who are seeking a diagnosis or finding things difficult

Family Fun Day – last Sunday of every month

<https://www.facebook.com/nourish.support/>
www.nourishsupportcentre.com

Families Affected by Autism (FABA)

Based in Cowdenbeath, FABA is a parent-led support group offering a family support group each Saturday, 12.30-3.30pm at the 46th Fife Scout Hall Group, Wemyss Street, Cowdenbeath.

Contact: Linda Wilson 07599963719

<https://www.facebook.com/groups/158875021621794/>

RNIB

Based in Kirkcaldy, RNIB offer support to families and carers living in Fife. A Carer's Café runs monthly on a Saturday morning and is open to carers and families. RNIB also offer a Toy Library Service which enables families to try and borrow sensory toys and play equipment.

Contact: Linda Mitchell 01592 646015