

One Stop Shop for Autism Fife - Calendar – November 2018

For updates visit - www.fifeoss@scottishautism.org

Please phone  01592 645350 or  email fifeoss@scottishautism.org

For advice, support, information or to arrange an appointment with an Autism Advisor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Wk 1- Understanding My ASD Diagnosis 2-4pm	2 Telephone /Email/ 1:1 appointments	3 Siblings group 10am-12pm 1-3pm
4 CLOSED	5 Telephone /Email/ 1:1 appointments	6 Telephone /Email/ 1:1 appointments	7 * Let's talk @ OSS 10am-12pm *Advisory Drop-in 1pm-3pm	8 Wk 2- Understanding My ASD Diagnosis 2-4pm	9 CLOSED	10 CLOSED
11 CLOSED	12 Telephone /Email/ 1:1 appointments	13 Telephone /Email/ 1:1 appointments	14 *Advisory Drop-in 1pm-3pm	15 Wk 3- Understanding My ASD Diagnosis 2-4pm	16 CLOSED	17 CLOSED
18 CLOSED	19 Telephone /Email/ 1:1 appointments	20 Telephone /Email/ 1:1 appointments	21 *Advisory Drop-in 1pm-3pm	22 Wk 4- Understanding My ASD Diagnosis 2-4pm	23 Telephone /Email/ 1:1 appointments	24 CLOSED
25 CLOSED	26 Telephone /Email/ 1:1 appointments	27 Telephone /Email/ 1:1 appointments	28 *Advisory Drop-in 1pm-3pm	29 Wk 5- Understanding My ASD Diagnosis 2-4pm	30 Telephone /Email/ 1:1 appointments	

***Advisory Drop-in Sessions- if you don't have an appointment and wish to speak with an Autism Advisor**

Detail of 'What's On' at the One Stop Shop for Autism in Fife – November 2018

<p>Monday – Friday in November 18</p> <p>Opening times: Our opening times will vary. Please call us before you visit. We will respond to emails and phone messages as soon as we can.</p>	<p>Throughout the month, we respond to telephone calls, emails, and offer 1:1 appointments For advice, information and appointments, <i>please contact us by</i></p> <ul style="list-style-type: none"> • Telephone : 01592 645350 • Email : fifeoss@scottishautism.org • Facebook : https://www.facebook.com/OSSFife/
<p>Wednesday 7th, 14th, 21st and 28th November</p> <p>Time : 1pm-3pm</p>	<p>Advisory Drop-in sessions on Wednesdays 1pm-3pm when you can speak with an Autism Advisor without an appointment.</p> <p><i>Please note this is on a first come basis therefore, you may need to wait.</i></p>
<p>Wednesday 7th November</p> <p>Time : 10am-12noon</p>	<p>Lets Talk... ASD and a cup of tea</p> <p>The One Stop Shop would like to invite you along to our monthly support group. This is an opportunity to chat with other families and carers who truly understand what you are going through. This group used to meet at Enable's offices but due to their funding ending, we are now holding the support groups at the One Stop Shop's meeting room at New Volunteer house.</p> <p>Please come along to: New Volunteer House, 16 East Fergus Place, Kirkcaldy, KY1 1XT.</p>
<p>Thursday 1st, 8th, 15th, 22nd and 29th of November (Weeks 1, 2, 3, 4 and 5)</p> <p>Time : 2-4pm</p> <p>Venue: New Volunteer House, Kirkcaldy</p>	<p>Understanding my ASD diagnosis (17+ years) <i>A 6 week programme for individuals diagnosed with an Autism Spectrum Disorder (ASD), covering a different topic each week.</i></p> <p><i>What is ASD, Sensory Issues, Anxiety, Relationships, Employment & Education and Transitions.</i></p> <p>This is a closed group</p>
<p>Saturday 3rd November 2018</p> <p>10am-12pm and 1-3pm</p>	<p>What is Autism? For siblings.</p> <p>This 2 hour workshop is designed to enable siblings to gain a greater understanding of their brother or sister's ASD.</p> <p>These workshops are split into 7-10 and 11-13 year old groups and are for siblings <i>without</i> an ASD diagnosis.</p> <p>This is a closed group. For information about future workshops please contact an advisor at the One Stop Shop.</p>