

## **Inclusivity Sessions/Groups**

### **Extreme Trampoline**

Inclusivity sessions are aimed at children and adults with learning difficulties and autism. The music and lights are set to suit the mood. A quiet sensory room is available during the session if participants require this.

<https://www.xtremeuk.co.uk/inclusivity/>

Saltire Centre, Glenrothes  
Tel: 01592 771535

### **Inclusive Multi-Sports Sessions**

Active Fife in partnership with Community Use High Schools offer multi-sports sessions designed to meet the needs of school age children with additional support needs and/or a disability.

[http://publications.fifedirect.org.uk/c64\\_ACTIVEFIFE-INCLUSIVESESSIONSFIFE-SchAge-GENERAL-OCT18-PDFBrochure.pdf](http://publications.fifedirect.org.uk/c64_ACTIVEFIFE-INCLUSIVESESSIONSFIFE-SchAge-GENERAL-OCT18-PDFBrochure.pdf)

Tel: 01383 602393

### **Action Zone Soft Play**

Additional needs session offered on a Thursday 4-6pm

Promenade, Leven, Fife, KY8 4HY  
Telephone: 01333423690

### **Muddy Boots**

Muddy Boots, near Cupar, host an autism friendly morning on the last Saturday of every month, 9-10am. No booking required.

Autism friendly Santa Grotto also available. Contact Muddy Boots to book spaces.

<https://www.facebook.com/MuddyBootsFife/>  
<http://www.muddybootsfife.com/attractions/>

**Carnegie Birthplace Museum**

Based in Dunfermline, the Museum aims to be accessible to autistic children and their families and holds regular autism friendly events.

<https://www.carnegiebirthplace.com/whats-on-1>

<https://www.carnegiebirthplace.com/facilities-access-1>

<https://static1.squarespace.com/static/52d92870e4b08b2940f8787c/t/5cf7df3b4dffbc0001a5caa2/1559748417887/General+visual+story.pdf>