



Research Participants Wanted!

Are you over the age of 18 and identify as autistic or have a formal autism diagnosis?

This research is investigating masking, also known as camouflaging, in autistic people. It aims to understand:

- What factors motivate autistic individuals to mask?
- How does masking impact wellbeing?

Why participate?

Evidence suggests masking negatively impacts the wellbeing of autistic people. By understanding masking better, we could help reduce the pressure to mask

What does participation involve?

It involves taking part in a survey estimated to take 15-20 minutes to complete. It includes questions around masking, wellbeing, and factors that may motivate masking



If you are interested in participating, please use the QR code above to access the survey!



If you have any questions, feel free to contact the researcher on the following email:
m.woods2-2022@hull.ac.uk