



# ARE YOU AUTISTIC AND LIVING WITH POSTNATAL DEPRESSION?

If so, we would like to hear from you!

## Why should I take part in this study?

You will help improve understanding of what postnatal depression is like for autistic mothers/birthing people. This could help improve care and support offered in future.

## What would I be doing?

First you would answer some online questions about yourself to see if you can take part in the research. Then, we may invite you to talk to the researcher about your experience by video or audio call.

## How do I take part?

To find out more, click on the link or scan the QR code below.

If you have any questions, feel free to email the lead researcher, Jessica Conway, at [s2271793@ed.ac.uk](mailto:s2271793@ed.ac.uk).

You do not need to be formally diagnosed with autism or postnatal depression to take part.

<https://tinyurl.com/hhmvucxe>

