



Scottish autism

**How to Make Your Business Environment
More Welcoming and Accessible**

My Five

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Introduction

We asked autistic individuals and their families, if businesses could make five simple changes to create a more welcoming and accessible environment, what they would want. With a focus on retail outlets, cafes and restaurants, our 'My Five' campaign gave individuals the opportunity to share suggestions that were useful and meaningful to them.

Autism is different for everyone so it is important to mention that what might be helpful for some individuals may not be as helpful for others. However we hope that the top five suggestions that have been collated from this public consultation will provide your business with ideas of small adjustments you could make.

To receive the full version of our My Five document 'How to Make Your Business Environment More Welcoming and Accessible' please contact Karen Scott, Scottish Autism's Corporate Fundraiser. You can contact Karen by emailing Karen.Scott@scottishautism.org or by calling 01259 720044.