

# Clannalba

Respite and Transitional Assessment Service

What's going on • Autumn/Winter 2017

Scottish  
autism

## Farewell to Paul and Teag

Two of the individuals we support, Paul and Teag, are leaving the service to transition into their own homes. Here is what they have to say of their experience at Clannalba:



"I have been coming to Clannalba for about 11 years for respite. The best thing about Clannalba is the staff team. They have all made me feel very welcome and they know all about autism and how it affects me and others like me. I have enjoyed getting to know the other individuals and seen how autism affects them all differently. It's nice to be among people who understand me. Over the years my confidence has grown and I'm no longer scared to tell people that I have autism. I will really miss coming to Clannalba but I am moving into my own house soon and won't need respite."

**Paul**



"I moved to Clannalba in November 2013 for six weeks. Four years later and I am getting ready to move service. My time at Clannalba has been a rollercoaster, with tears and laughter, good times and bad. The staff at Clannalba have been with me through every step and every milestone I have overcome. The thing I will miss most about Clannalba is definitely the people. The staff and other individuals have given me memories that I will treasure forever. Goodbye Clannalba, I will never forget this amazing experience."

**Teag**

# Summer Fun



This summer, our aim was to have as much exercise and fun outdoors as we could. This involved a wide range of activities both within Clannalba and in our local community.

The weather was kind to us and there was a rare sunny day during the summer for a little friendly competition in the form of a sports day. All individuals and staff participated with gusto in some of the old favourites – the tattie and spoon race and sack race to name a few. This was followed by group games with the parachute. Everyone had a great time!

## Donations

We would like to say a big thank you to The Baguette Bar and W. Byers Handy Store for a donation of £300 collected from the government carrier bag scheme! Your donation will be put to great use enabling us to purchase some new resources and activities for all to enjoy.

## Care Inspection

We had our annual Care Inspection before the summer. Thank you to all of the individuals and families that contributed to the inspection process by completing questionnaires and meeting with the inspector to provide feedback.

We were given some fantastic feedback and achieved grades of 5 – Very Good.

In addition, this also focussed on some areas of improvement and we will be working towards these over the coming months to improve the service.

For more information about our Clannalba Respite and Transitional Assessment Service, please contact 0845 300 9272 or email [clannalba@scottishautism.org](mailto:clannalba@scottishautism.org)

Scottish  
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[www.scottishautism.org](http://www.scottishautism.org)

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