Stress Management Augmented Reality Tool Survey

Would you like to be involved in the design of an augmented reality application to help control stress?

What is the research about?

This research is concerned with investigating and designing a tool to help people with autism to manage stress. At Edinburgh Napier we are exploring the role that augmented reality technology could play for people on the autism spectrum. A mobile application could monitor data from body movement and use audio-visual technology to manage stress.

An initial survey (Phase 1) was designed to identify things that might create stress within people with autism. Following the completion of the survey, we are now conducting some short anonymous interviews (Phase 2).

Who can take part?

Participants should have had a formal autism diagnosis, or are caring for someone with autism, and are between 18 and 70 years of age.

What does the interview involve?

Participants will be asked a series of questions based on:

- Their general background
- Identifying and coping with stress
- Past and current use of technology

The interview would be conducted online, take around 30-40 minutes, and be audio-recorded. All responses will remain confidential and anonymous.

If you have any questions or would like to find out more, please feel free to contact John using the email link below.

Many thanks for your participation.

Dr John McGowan
Lecturer in Interactive Audio
T: +44 (0) 131 455 2461
E: j.mcgowan@napier.ac.uk