## Stress Management Augmented Reality Tool Survey

### *Would you like to be involved in the design of an augmented reality application to help control stress?*

**What is the research about?**

This research is concerned with investigating and designing a tool to help people with autism to manage stress. At Edinburgh Napier we are exploring the role that augmented reality technology could play for people on the autism spectrum. A mobile application could monitor data from body movement and use audio-visual technology to manage stress. This initial survey is designed to identify things that might create stress within people with autism.



**Who can take part?**

Participants should have had a formal autism diagnosis, or are caring for someone with autism, and are between 18 and 70 years of age?

**What does the survey involve?**

Participants will be asked a series of questions based on:

- Current use of technology
- Potential for a new application
- Identifying triggers that may create stressful situations for people with autism

If you have any questions before taking part, or would like to find out more, please feel free to contact John using the email link below.

Click here to begin the survey.

Many thanks for your participation.

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