

# UNDERSTANDING THE RISK AND PROTECTIVE FACTORS ASSOCIATED WITH DISORDERED EATING IN AUTISTIC AND/OR ADHD PEOPLE



This project has been informed by lived experience voices from a photovoice study conducted by the Eating Disorders and Autism Collaborative (**EDAC**).

**Inclusion Criteria:** Participants must be aged 16 and above and live in the U.K. You must be either Autistic and/or ADHD. Self diagnoses **are** acceptable for inclusion.

**What Will The Study Involve?** Participation will involve completing an online survey which will take around 45 minutes to complete. Questions will ask about your experiences as an Autistic/ADHD person and your eating behaviours. We will also ask questions about some potentially traumatic past experiences. More information is available on the participant information sheet at the start of the survey.

**Why Is This Study Important?** Disordered eating is common among neurodivergent people. This survey will help us understand this relationship better and hopefully lead to greater awareness of the relevant risk and protective factors associated with disordered eating in this population.

Click **HERE** for the survey link or scan the QR code.



**Kyle Buchan**

Email: [s2663353@ed.ac.uk](mailto:s2663353@ed.ac.uk)

