

# Online Support for Women and Girls



Our women and girls programme is for autistic females of all ages, as well as parents, carers and professionals. The programme provides valuable information addressing key health and wellbeing challenges, as well as providing practical advice on a range of issues. We have engaged with women and girls from the autistic community and we have drawn on the expertise of a network of professionals to develop a range of videos and other support materials. The topics covered include: diagnosis, education, employment, positive living and parenting.



Register online and gain immediate access via a login which is valid for two months. You are also assigned an advisor who can be contacted to answer questions or give more specific advice.

**Register at: [www.scottishautism.org/womenandgirls](http://www.scottishautism.org/womenandgirls)**

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