

# Participants Needed



**THE LIVED EXPERIENCE OF MENOPAUSE  
HEALTHCARE FOR AUTISTIC INDIVIDUALS**



## What are we studying?

This study aims to gain insight into the lived experiences and accounts of navigating (peri)menopause related care. More specifically this project will focus on how neurodivergent individuals navigate menopause-related healthcare, how interactions with healthcare systems shape their experiences of support, and the impact of these interactions on their sense of self and identity.

## Eligibility Criteria

- Self-identify or diagnosed as Autistic
- Have experienced or are experiencing perimenopause and menopause

## How can I participate?

Participation will be one-to-one semi structured interviews on microsoft teams answering seen questions. Participants will receive a £10 Love2Shop Voucher for their participation. If you are interested please reach out via email or scan the QR code:

**Cara Gillespie** (2771918G@student.gla.ac.uk)

