

SCOTTISH AUTISM

Embracing difference,
leading change

Nightshift Practitioner

About Scottish Autism

Scottish Autism seeks to promote and provide care, education, support and opportunities for people with autism of all ages throughout Scotland. We work tirelessly to create a world where autistic people are understood and enabled to lead meaningful, fulfilling and happy lives as valued members of the community.

A key expectation of everyone who works for Scottish Autism is that they live and breathe our values; Collaboration, Change Makers, Compassion and Contribution. Our values come into play throughout everything we do at work – how we work together, and how we deliver services to the people we support and to the people we work alongside

The Role:

Reporting to the Senior Autism Practitioner this role is to support autistic individuals during night hours. This is a ‘waking night’ post and is typically conducted within the individual’s own home or a residential service.

Key tasks and responsibilities:

- To provide night support to autistic people following their outcome based support plans and promote a restful, calm night routine

responding to individual needs through the shift.

- To develop the outcome based support plan in line with relevant policies and procedures and current legislation.
- To be actively involved in the service planning, delivery, co-ordination and having autonomy within the team.
- To ensure service provision at night is of the highest quality, demonstrates best practice and promotes safeguarding.
- To ensure accurate and robust recording within Scottish Autism's IT system.
- Comply with Finance processes to safeguard individuals.
- To work as a team and collaborate to maximise effectiveness and communicate key information within the night team and to colleagues and stakeholders who work days.
- To ensure all actions comply with SSSC Codes of Practice, SA's policies and procedures including meeting Scottish Services Council (SSSC) registration requirements.
- To actively participate in coaching and the review process, to identify your individualised learning pathway, through a process of exploration and reflective practice.
- To maintain Continuous Personal Development in line with the Scottish Services Council (SSSC) registration requirements.
- Other duties and tasks as may be required by the Senior Autism Practitioner.

Skills and Attributes

- To embed and demonstrate Scottish Autism's values, Compassion, Contribution, Collaboration and Change Maker.
- To develop a knowledge of autism and other conditions as relevant to supported individuals.
- To understand and implement Scottish Autism Policy and Procedure, Care Inspectorate and SSSC guidance and all other relevant legislation

- To work collaboratively to deliver high quality night support, whilst working towards autonomy in teams.
- To be confident using IT, sharing information through digital processes.
- To be a skilled communicator, as well as understanding differences in communication and how this can be best supported.
- To contribute information to support plans.
- To be creative, working on your own initiative to improve quality within services.
- To be flexible and adaptable in approach.
- Demonstrate a desire to learn, taking opportunities to expand your knowledge whilst developing your own reflective practice. This will include attending some learning events that occur out with night hours.

Knowledge and Experience

- To maintain mandatory training requirements and develop knowledge of autism in order to demonstrate continuous professional development.
- Develop understanding and implement low arousal support, following Studio 3 principles, focusing on reducing restraint and achieving Scottish Autism's aspiration of eliminating restraint.
- To be registered with SSSC or equivalent, and hold or be willing to work towards a relevant qualification.
- To be a member of the Protecting Vulnerable Groups scheme (PVG).