

EXAMINING UNDERPINNING MECHANISMS THAT LEAD TO EATING DISORDERS IN AUTISTIC AND/OR ADHD GROUPS

WHO CAN TAKE PART?

This study is for people aged **16 and above**, living in the **UK**, who are **Autistic and/or ADHD (clinical or self-identification accepted)**.

People **with and without an eating disorder** can take part.

WHY IS THIS STUDY IMPORTANT?

No-one has done a study like this before! While we know that many **Autistic people and people with ADHD** experience eating difficulties, **little is understood about the mechanisms that contribute to eating disorders**. This research will help professionals develop more tailored and helpful support for Autistic and ADHD groups.



WHAT WILL YOU DO?

You will complete an **online** survey, which will take around 45–50 minutes. It will **ask about your experiences as an Autistic person and/or a person with ADHD and about your eating behaviours**. You can then enter a prize draw to win one of three prizes, including **two prizes of £50 and one prize of £100!**

HOW TO GET INVOLVED?



https://edinburgh.eu.qualtrics.com/jfe/form/SV_6rRGrAXPrUrr8q2

WHO IS RUNNING THE STUDY?

This project has been informed by Autistic people, and is being run by student researchers. It has ethical approval from the School of Health in Social Science at the University of Edinburgh



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If you have any questions, feel free to reach out to Dr Karri Gillespie-Smith at karri.gillespie-smith@ed.ac.uk