

Understanding Anxiety Related Absence in Neurodivergent Children and Young People: Perspectives from Parents and Carers



Are you a parent or carer of a neurodivergent child or young person who is experiencing anxiety related absence from a mainstream Local Authority school in Scotland?

We'd like to hear about your experiences.

Your involvement will help us to:

- better understand the challenges associated with anxiety related absence
- understand what works
- shape effective support strategies

This work, funded by the Scottish Government, is being undertaken by the NAIT research practice team at Queen Margaret University.

Participation involves:

- completing an online survey which takes about 30 minutes
- or
- a 60 minute online interview, with questions shared in advance, and audio recorded with permission
- or
- both a survey and an interview

**To take part please contact:
NAIT-ARA@qmu.ac.uk**



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If you would like to complete this survey as a parent/carer, please access this via the QR code below:

Or click [here](#)

