

Research study: Recruiting now

Ethics Approval Number: 2026-23803-19455

About the study:

This study is seeking to understand more about the experiences of families who supported an autistic female with an eating disorder during their adolescent years. This will be a retrospective viewpoint, therefore, all participants must be over the age of 16 years to participate.



Study Aim:

To explore the experiences of the family unit when supporting an autistic adolescent female with a restrictive eating disorder, with the aim to better understand the impact of caregiving on the family unit and what supports they require.

What do I need from you?

- I am looking individuals to take part in a conversation that would last between 60-90 minutes and will consist of a series of questions about your own, personal experiences.
- I will ask you a series of questions to begin to understand your experiences within a family that supported an adolescent female with co-occurring autism & an eating disorder.
- I am interested in finding out how the experience of autism and an eating disorder may have impacted on your family unit.
- I would like to find out about the support your family received during this time and how these supports/interventions supported your family.

You may be eligible to take part in this study if you are:

- Over 16 years of age.
- An autistic female with a history of an eating disorder (anorexia nervosa, bulimia nervosa, binge eating disorder) during your adolescent years (age of onset of eating disorder between 12-17 years of age).
- A parent (biological/adoptive) of an autistic female who had an eating disorder between ages 12-17 years.
- A sibling (biological/adoptive) of an autistic female who had an eating disorder between ages 12-17 years.