



Share Your Experience of Music Therapy

Are you a parent or main caregiver of an autistic child or an autistic adult who has undertaken music therapy?

I am a Master's psychology student and amateur musician who wants to hear about your or your family's experience of music therapy.



Who can take part?

- People aged 18 or over, or parents or caregivers of a child or young person under 18, who are confirmed or suspected to be autistic.
- Are fluent in spoken English and have access to a stable internet connection
- You, or your child, has received or is currently receiving music therapy in the UK. Children do not need to still be under 18 for parents or caregivers to take part in the study, although if aged 18+ and wish to speak to me directly they would be very welcome to do so



What is involved?

- A confidential 30–60 minute interview via Microsoft Teams
- Discussion about your and/or your child's experience of music therapy
- Your insights could help improve support for other people and families



Interested?

Email: Hazel.Younger@stu.mmu.ac.uk

I will send full study information for you to read before deciding to take part.

Approved by the Manchester Metropolitan University Faculty of Health and Education Ethics and Governance Committee (EthOS ID 90512)

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Study title: Exploration of a client or parent's experience of the use of music therapy in autism.

Ethical approval number (EthOS): 90512