

What is Autism?

Autism is a lifelong neurodevelopmental difference that determines the way a person communicates, interacts and processes information.



SCOTTISH AUTISM

Embracing difference,
leading change

The autistic population is highly diverse. Some autistic people have high support needs, additional learning disabilities, and require care and support for many aspects of their lives. Many autistic people live, learn and work independently, though may also have specific needs and requirements relating to their way of thinking and processing.

Autistic peoples' needs will also vary at different times – and a person may need accommodations and intensive support for some aspects of their lives, and less support for others. This is why it is so important to take an individualised approach to supporting autistic people.



Learn more about autism and how you can support autistic people in Scotland, visit

scottishautism.org

